

# NORTH RIVER

**VISION:** Walking the way of Jesus, together, as His spiritual family.

**MISSION:** We partner with God's Spirit, helping all people grow into fully devoted followers of Jesus.



## Spiritual Formation

The process of being transformed into the image of Christ.



## Spiritual Disciplines

The habits through which the Spirit forms Christ in us.

### Helpful Notes:

- We believe spiritual formation is to glorify God, bring abundance in our lives, and benefit others.
- Spiritual formation is all about who we are *becoming* as we obey Christ and while we are actively responding to Christ, God is the one doing the work of maturity in us.
- Examples of spiritual disciplines include silence, solitude, scripture meditation, prayer, fasting, celebration, confession, hospitality, generosity, serving the poor, preaching the gospel, communal worship, and the like.

## John 15:4-5

4 Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. 5 "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

## Galatians 4:19-20

19 My dear children, for whom I am again in the pains of childbirth until Christ is formed in you, 20 how I wish I could be with you now and change my tone, because I am perplexed about you!

## Romans 12:1-2

1 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

## 2 Corinthians 3:17-18

17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 18 And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever increasing glory, which comes from the Lord, who is the Spirit.

## Ephesians 4:11-13

11 So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, 12 to equip his people for works of service, so that the body of Christ may be built up 13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

## Romans 5:3-5

3 Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; 4 perseverance, character; and character, hope. 5 And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.