

Lectio Divina – The Greatest Commandment (Mark 12:28-31)

Opening Prayer:

“Lord, as we come to your Word, open our hearts and minds to receive your love and truth. Help us to encounter you deeply and be transformed by your Spirit. Amen.”

1. Preparation (Silencio) – Be Still

- Take a deep breath, sit quietly, and become aware of God’s presence.
- Pray: **“Speak, Lord, for your servant is listening.”**

2. Read (Lectio) – Listen for the Word

Read the passage aloud slowly and listen for a word or phrase that stands out to you.

One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?” “The most important one,” answered Jesus, “is this: ‘Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.”

3. Reflect (Meditatio) – How does this speak to me?

- Read the passage **again**.
- Ask the group:
 - How is my life touched by this word? What in my life needs to hear this today?

4. Respond (Oratio) – Speak to God

- Read the passage **one more time**.
 - Is there anything that spoke to you?
 - When was the first time you felt God’s love for you?
 - What helps you connect with God’s love now?
 - Is there something God is inviting me to do?

5. Rest (Contemplatio) – Be with God

- Pause for **2-3 minutes of silence and rest in God’s love for you.**

6. Resolve (Incarnatio) – Live it Out

- What’s **one action** you can take this week to love God and love others more fully?
- Choose a **symbol, image, or phrase** to carry with you as a reminder.